# JAK DE-ESCALATION COUCH

Evidence-based design for safer, more dignified physical intervention



### JAK DE-ESCALATION COUCH



Product code: 1DES3-100

In situations where a patient is in severe distress and initial verbal deescalation techniques have proven ineffective, physical intervention may be used as a last resort to prevent the patient causing harm to themselves and others.

During physical intervention staff will aim to restrict the patient's movements using the minimum force required, maintaining respect for the patient's dignity. These interventions can be physically demanding for sustained periods, presenting significant risk of injury to staff.

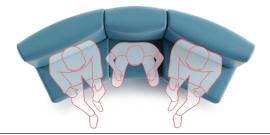
Through live service evaluations with physical intervention and clinical professionals, every angle of the JAK de-escalation couch has been optimised to ensure ergonomic integrity is maintained to support a safer de-escalation process for patients and staff alike.

The seated position is safer, more comfortable and more dignified than prone or supine approaches, and the 33° angle of the outer seats aids communication, provides staff support and prevents twisting injuries.

Dimensions: 905H | 2020W | 860D (mm)

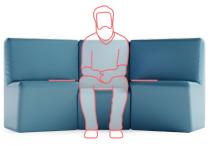
#### ERGONOMICALLY ANGLED DESIGN

- → Allows closer patient engagement, aiding verbal de-escalation
- Provides support for staff, prevents twisting and reduces back injuries



#### LOWERED CENTRAL SEAT

- ightarrow Helps to control lateral movement
- ightarrow Gives staff superior leg control



#### **UPRIGHT SEATING POSITION**

- ightarrow Preserves patient dignity
- Ergonomically designed to support staff in prolonged de-escalation processes

"Staff body positions are supported throughout a seated intervention - great to see such a design"

Physical intervention specialist

#### Designed and developed in association with:

Andy Johnston Associates

Andy Johnston is a Clinical Director and independent mental health consultant with over 32 years of experience in mental health services including conflict resolution and physical intervention.





Beneficial for all levels of intervention

## See for yourself...

To arrange a demonstration or book a visit to our showrooms in Kent and Yorkshire, please call +44 (0)1622 237830

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